

**BIOL 184X: EXPLORE NEPA - Course Application Form
Fall 2018**

Personal Data

Legal name: _____ Preferred name: _____

Royal ID: _____ Cell phone number: _____

Major(s): _____ Minor/Concentration/Program: _____

Emergency Contact Person Name: _____ Phone: _____

Emergency Contact Person Relationship to you: _____

Current Exercise Regimen / Physical Condition

Please describe in adequate detail any exercise regimen that you currently follow, including how long you have been following this regimen and how it varies throughout the year.

Are you able to ride a bicycle? Yes No

If so, what is the greatest distance you have bicycled in a single outing in the past two years? _____

Can you safely ride alongside automobile traffic? Yes No

Are you able to swim? Yes No

If so, what is the greatest distance you have swum in a single episode in the past two years? _____

Indicate the swim strokes in which you are proficient _____

Have you ever swum competitively? Yes No

Are you able to run? Yes No

If so, what is the greatest distance you have run in a single episode in the past two years? _____

Have you ever run competitively (i.e., run track or cross-country)? Yes No

Are you are able to hike off-road terrain? Yes No

If so, what is the greatest distance you have hiked in a single episode in the past two years? _____

Have you ever experienced vertigo, or fear of heights? Yes No If yes, please describe.

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Please describe any physical disabilities or medical conditions that would affect your ability to carry out any of these types of exercise (bike, swim, run, hike, boat) or adversely affect your ability to participate in strenuous exercise.

Please describe any dietary restrictions or allergies (food, bees, etc.) you have that may be important to know of.

Interests

What interests you most about this course?

Do you have any questions or concerns about this course?

How does this course fit into your overall educational goals?

Course Fee

Please be aware that a \$100 course fee is associated with this course. This will be charged as a part of your overall tuition bill.

Submit your application by postal mail to either instructor, at the addresses listed below. **Please note that two signed copies of the Waiver of Liability and Hold Harmless Agreement, available on the Course web site, must accompany the application.**

Once you have sent your application, please send a brief email to Dr. Sweeney (address listed below) **to let him know that you have submitted the application.**

Dr. Terrence Sweeney
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Biology Department Main Phone: 570-941-6117; Secretary: Michele Langan

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